

## After School Club Menu

Cereals - Shredded Wheat, Malt Wheats, Special Flakes with Berries

Hot Oats cereal, Rice Snaps, Multi Grain Hoops, Bran Flakes

Cornflakes, Wheat Biscuits, Rice Snaps and Raspberry Multi

Wheats. Gluten Free Cornflakes and Gluten Free Multi Grain Hoops.

Toast - Wholemeal toast or bread, English Muffins, Fruit toast,

Crumpets and Gluten free toast or bread. Served with butter me up

or dairy free spread.

Jam, Marmite and Marmalade.

Selection of cold meats

Orange or Apple Juice, Hot Chocolate, Hot or cold Milk, Soya Milk  
and Water

Selection of seasonal fruits