

What families in Folkestone & Hythe say about their Children's Centre:

"Friendly staff and made to feel welcome in the groups, a good source of information"

"The different activities the centre offers are good for a range of age groups"

"A chance to meet new parents and babies and make new friends"

"The atmosphere is always welcoming and friendly, all the staff are helpful and warm"

"Good quality equipment, variety of toys and activities; a good experience for my child"

Further details from: <http://www.kent.gov.uk/education-and-children/childcare-and-pre-school/childrens-centres/folkestone-and-hythe-childrens-centre>



Hawkinge & Rural Children's Centre
111 Canterbury Road
Hawkinge CT18 7BS
03000 411 046



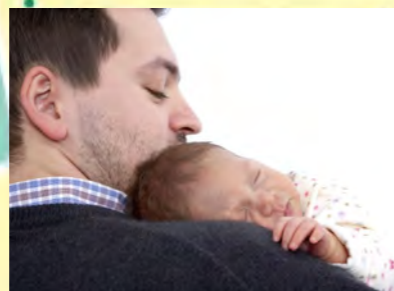
Cheriton Caterpillars Children's Centre
Chart Road
Cheriton
Folkestone CT19 4PN
03000 416 444



The Village Children's Centre
Denmark Street
Folkestone CT19 6EQ
03000 420 893



Hythe Children's Centre
Hythe Youth Centre
Cinque Ports Road
Hythe CT21 6HS 03000 421 167



New Romney Children's Centre
Craythorne Lane
New Romney
Romney Marsh TN28 8BL
03000 420 000



Folkestone Early Years Children's Centre
Dover Road
Folkestone CT20 1QF
03000 419727



Dymchurch Children's Centre
Country's Field
Dymchurch
Romney Marsh TN29 0NQ
03000 411 055



Lydd'le Stars Children's Centre
Skinner Road
Lydd
Romney Marsh TN29 9HW
03000 411 054



Folkestone & Hythe Children's Centres

January—March 2019



Folkestone & Hythe Children's Centres have undergone some changes recently, please find our new district delivery. Families are welcome to access any centre.

Children's Centres are part of KCC's Early Help & Preventative Services which offers opportunities for all children, young people and their families.

www.kent.gov/earlyhelp

There are 8 Children's Centres located across the Folkestone & Hythe District.

Contact Details

- Caterpillars Children's Centre**, Chart Road, Cheriton, CT19 4PN 03000 416 444
- Hawkinge & Rural Children's Centre**, 111 Canterbury Road, Hawkinge, CT18 7BS 03000 411 046
- Folkestone Early Years Children's Centre**, Dover Road, Folkestone, CT20 1QF 03000 419 727
- The Village Children's Centre**, Denmark Street, Folkestone, CT19 6EQ 03000 420 893
- Hythe Children's Centre**, Hythe Youth Centre, Cinque Ports Avenue, Hythe, CT21 6HS 03000 420 000
- Dymchurch Children's Centre**, Country's Field, Dymchurch, Romney Marsh, TN29 0NQ 03000 411 055
- New Romney Children's Centre**, Craythorne Lane, New Romney, Romney Marsh TN28 8BL 03000 420 000
- Lydd'le Stars**, Skinner Road, Lydd, Romney Marsh TN29 9HW 03000 411 054



Like us on Facebook by searching our Children's Centre names!



Follow us on Twitter@Shepway_CC



Caterpillars Children's Centre

Monday - 9:00am - 5:00pm
 Tuesday - 9:00am - 5:00pm
 Wednesday - 9:00am - 5:00pm
 Thursday - 9:00am - 5:00pm
 Friday - 9:00am - 4:30pm

The Village Children's Centre

Monday - 8:30am - 5:00pm
 Tuesday - 8:30am - 5:00pm
 Wednesday - 8:30am - 5:00pm
 Thursday - 8:30am - 5:00pm
 Friday - 8:30am - 4:30pm

Day	Name of Group	Date	Time	Information
Monday	Baby Sensory Play	Every Monday	1:00pm - 2:30pm	Stimulating the senses with different resources. Supporting development and learning for under 1's
Tuesday	Antenatal Clinic	Every Tuesday by appointment only	9:00am - 5:00pm	By appointment with your Midwife
	Adult Education - Family English	Every Tuesday <i>Term Time only</i> Starting 15th Jan to 25 June 2019	9:30am - 12:00pm	<i>Please contact Caterpillars Children's Centre to register your interest</i> Creche Available
Wednesday	Baby Hub with Breastfeeding Support and Healthy Child Clinic	Every Wednesday	9:30am - 11:30am	Come and speak to your local Health Visitor or Breast feeding champion/Peer Supporters for advice and guidance
	Little Riders (Toddler balance bikes)	Every Wednesday <i>Term Time only</i> Starting 27th February	10:30am - 11:30am	At Three Hills Sports Hall, CT19 5JU £3 per family per session (1st session free!) For children aged 6 months to 5 years <i>balance bikes suitable from 18 months</i>
	Baby Massage	Wednesdays <i>Term Time only</i>	1:00pm-2:00pm	<i>Please call to book your place</i>
Thursday	Antenatal Clinic	Every Thursday by appointment only	9:00am - 5:00pm	By appointment with your Midwife
	Stay and Play	Every Thursday	9:30am - 11:00am	A fun and active session for children aged 0-4 years. Explore a range of activities and socialise with others
	Baby Signing	Every Thursday	1:30pm - 2.15pm	A 4 week programme where you will learn some basic signs to support speech and communication Aged 0-3 years. <i>Please call to book your place</i>
Friday	Little Olympians- Active Kids	Every Friday <i>Term Time only</i>	1:30pm - 2:30pm	At Three Hills Sports Hall, Cheriton, CT19 5JU £2 per session (1st session free!) for 6 months - 5 years

Day	Name of Group	Date	Time	Information
Monday (Baby Day)	Stop Smoking Service	Every Monday	11:00am - 2:00pm	By appointment only Call 03000 123 1220 or text QUIT to 87023
	Baby Massage	Every Monday	10:30am-11:30am	Rolling Programme <i>Please book a space at Reception</i>
	Sensory Play for under 1s	Every Monday	1:00pm - 2:30pm	Stimulating the senses with different resources. Supporting development and learning for the under 1's
Tuesday	Stay and Play	Every Tuesday	10:00am - 11:30am	A fun and active session for children aged 0-4 years. Explore a range of activities and socialise with others
	Community Warden Drop-in	2nd Tuesday of the month	9:00am - 11:00am	An opportunity to discuss any issues or concerns in your local area
	Adult Ed Managing Children's Behaviour Course	15th January-12th February	09:30am-11:30am	<i>Please book</i> Creche Available
	Baby Hub Lunch Club	Every Tuesday	12:00pm-1:00pm	FREE lunch for families with under 1's who will be attending the Baby Hub
	Baby Hub with Breastfeeding Support	Every Tuesday	1:00pm - 3:00pm	Come and speak to your local Health Visitor or Breast feeding champion/Peer Supporters for advice and guidance
	Community Hub	Every Tuesday	5:00pm-7:00pm	All Nationalities invited to come along for family fun activities and engage with local partners
	Antenatal Clinic	Every Wednesday	9:00am - 5:00pm	By appointment with your midwife
Wednesday	PALS-Homestart Group	<i>Term Time only</i>	9:30am-11:30am	Book direct through Homestart 01303 244866
	Time for Me	<i>Term Time only</i> <i>23rd January to 6th March</i>	12:30pm - 2:30pm	Crèche available <i>By referral only</i>
	Includes us 2	30th January, 27th February and 27th March	10:00am - 12:00pm	Drop in session Support group providing a relaxed and informal space for parent/carers of children with SEND
	Toasty Thursday	<i>Term Time only</i>	08:45am-09:45am	Pop in for some toast and a chat after school drop off
Thursday	South Kent College English	<i>Term Time only</i>	9:30am - 11:30am	Courses run for 16 weeks/Crèche available Please phone The Village to register your interest
	Sensory Room Sessions	Every Thursday	9:30am - 3:30pm	Book sessions up to 45 minutes. A member of staff will be on hand to help you and your children gain the most from the sensory room. Up to 8 people per session
Friday	Stay and Play	Every Friday	10:00am - 11:30am	A fun and active session for children aged 0-4 years. Explore a range of activities and socialise with others
	Maths Course	Every Friday	9:30am - 11:30am	Courses run for 16 weeks/Crèche available Please phone The Village to register your interest
	Save a Babies/Childs Life	29th March 2019	1:30pm-2:30pm	<i>Please book</i>

Hawkinge Children's Centre

Tuesday - 9:00am - 1:00pm
 Wednesday - 9:00am - 1:00pm
 Thursday - 9:00am - 3:00pm
 Friday - 9:00am - 1:00pm

Day	Name of Group	Date	Time	Information
Tuesday	Antenatal Clinic	By appointment only	9:00am - 1:00pm	By appointment with your Midwife
	Mili—Tots	<i>Term Time only</i> Starts 26th February	9:30am - 10:30am	A fun and active group for army families with children 0-4. Explore a range of activities, socialise with others and develop
	Baby Massage	<i>Term Time only</i>	11:30am - 12:30pm	<i>Please book</i>
Wednesday	Sensory Play for Under 1's	Every Wednesday	9:30am - 11:00am	Stimulating the senses with different resources. Supporting development and learning for the under 1's
	Community Warden Drop In	Every Wednesday	10:00am-12:00pm	An opportunity to discuss any issues or concerns in your local area.
	Baby Signing	6th,13th,26th February and 6th March 2019	11:30am-12:15pm	<i>Please book</i>
Thursday	Antenatal Clinic	By appointment only	9:00am - 3:00pm	By appointment with your Midwife
	Music and Movement	Every Thursday <i>Term Time only</i>	9:30am - 10:30am	Learn rhythm and movements for children who are walking and beyond
	Healthy Child Clinic with Breast Feeding Support	Every Thursday	12:45pm - 2:45pm	Come and speak to your local Health Visitor or Breast feeding champions/Peer Supporters for advice and guidance
Friday	Stay and Play	Every Friday	9:30am - 11:00am	A fun and active session for children aged 0-4 years. Explore a range of activities, socialise with others
	Sling Library	Every 4 weeks Starting 25th January	11:30am-13:00pm	An opportunity to try different slings and get advice

Hythe Children's Centre

Tuesday - 8:45am - 3:30pm
Wednesday - 8:45am - 3:30pm

Now delivered at Hythe Youth Centre, Cinque Ports Avenue, Hythe, CT21 6HS
You can now email Hythe: hythechildrenscentre@kent.gov.uk

Day	Name of Group	Date	Time	Information
Tuesday	Antenatal Clinic	By appointment only	8:45am - 3:00pm	By appointment with your Midwife
	Music & Movement	Term Time Only	10:00am - 11:00am	Learn rhythm and movements for children who are walking and beyond
	Baby Signing	26th February, 5th, 12th, 19th and 26th March	11:30am—12:30pm	Please book
	Baby Massage	Every Tuesday	2:00pm - 3:00pm	Please book
Wednesday	Antenatal Clinic	By appointment only	8:45am - 1:00pm	By appointment with your Midwife
	Stay and Play	Every Wednesday	9:15am - 10:45am	A fun and active session for children aged 0-4 years. Explore a range of activities and socialise with others
	Baby Massage	Term Time Only	11:15am - 12:00pm	Please book
	Save a Babies Life	Starting 23rd January	1:00pm—2:00pm	Please book
	Sensory Play for under 1s	Every Wednesday	1:00pm - 2:30pm	Stimulating the senses with different resources. Supporting development and learning for the under 1's

Dymchurch Children's Centre

Wednesday - 9:00am - 3:00pm
Thursday - 9:00am - 3:00pm

Day	Name of Group	Date	Time	Information
Wednesday	Stay and Play	Every Wednesday	9:30am - 11:00am	A fun, messy and active session for children aged 0-4 years. Explore a range of activities, socialise with others and develop those skills
	Sensory Play for under 1's	Every Wednesday at Dymchurch Village Hall toddler group (Entry Fee £1.50)	1:00pm-2:30pm	Stimulating the senses with different resources. Supporting development and learning for the under 1's
Thursday	Music & Movement	Every Thursday	9:30am - 10:30am	Learn rhythm and move to the beat for those children who are walking and beyond
	Antenatal Clinic	Thursdays by appointment only	9:30am - 2:00pm	By appointment with your Midwife

Lydd'le Stars Children's Centre

Monday - 9:00am - 3:00pm
Tuesday - 9:00am - 3:00pm
Friday - 9:00am - 12:00pm

Day	Name of Group	Date	Time	Information
Monday	Antenatal Clinic	Mondays by appointment only	8:00am - 3:00pm	By appointment with your Midwife
	Sensory Play for under 1's	Every Monday	10:00am-11:30am	Stimulating the senses with different resources. Supporting development and learning for the under 1's
Tuesday	SEND Support Group	Every Tuesday	10:00am - 11:30am	For parents and carers of children with a diagnosis or awaiting a diagnosis
	Healthy Child Clinic	Every Tuesday	1:00pm - 2:30pm	Come and speak to your local Health Visitor for advice and guidance
Friday	Stay and Play	Every Friday	9:30am - 11:00am	A fun and active session for children aged 0-5 years. Explore a range of activities and socialise with others

Please fill in and cut out the below registration card and take to your nearest centre to register

Welcome to Folkestone and Hythe 0-25 Early Help

I would like to register with my local Children's Centre or Youth Hub

Parent / Young Persons Name (1).....DOB.....
Relationship to Child.....
Parent / Young Persons Name (2)..... DOB.....
Relationship to Child.....
Address.....Postcode.....
Child 1's name.....DOB..... M / F.....
Child 2's name..... DOB..... M / F.....
Child 3's name.....DOB..... M / F.....
Are you pregnant? (please circle) Yes No Expected delivery date.....
Email address.....
.....
Mobile telephone number.....Home telephone number.....
Signature 1..... Signature 2.....

We would like to let you know about services and events that may be of interest to you. If you are happy for us to contact you about these please tick in the box:

Please return completed card to your nearest Children Centre or Youth Hub:
Youth Hub - 03000 411008 Children Centre - 03000 421167

New Romney Children's Centre

Monday - 9:00am - 5:00pm
 Tuesday - 9:00am - 5:00pm
 Wednesday - 9:00am - 5:00pm
 Thursday - 9:00am - 5:00pm
 Friday - 9:00am - 4:30pm

Day	Name of Group	Date	Time	Information
Monday	Toddler Time	Every Monday	10:30am—11:30am	Come along and have some fun exploring, playing and making new friends For 1 to 2 year old's
	Baby Massage	Every Monday	1:30pm - 2:30pm	Opportunity for babies to play and socialise and parents to meet Runs alongside Baby Hub This is a rolling programme Weekly booking required
	Baby Hub Healthy Child Clinic with Breast Feeding Support	Every Monday	1:00pm-3:00pm	Come and speak to your local Health Visitor or Breast feeding champion/Peer Supports for advice and guidance
Tuesday	Stay and Play	Every Tuesday <i>Term Time only</i>	9:30am - 11:00am	A fun and active session for children aged 0-4 years. Explore a range of activities and socialise with others
	Antenatal Clinic	Every Tuesday	8:00am - 3:00pm	By appointment with your Midwife
Wednesday	Kent Parenting Programme (Creche)	23rd Jan to 20th March <i>Term Time only</i>	9.30am - 11.30am	<i>Referral Only</i>
	Adult Education—English (limited Creche spaces)	16th Jan to 26 June 2019 <i>Term Time only</i>	12:15pm - 2:15pm	<i>Please book</i>
Thursday	Community Warden Drop-in	Last Thursday of the month	9:00am - 10:00am	An opportunity to raise any queries, comments and concerns about the local community
	Sensory Play for Under 1's	Every Thursday	1:00pm-2:00pm	Stimulating the senses with different resources. Supporting development and learning for the under 1's
Friday	Time for Me	<i>Term Time only</i>	9:30am - 11:00am	Limited Crèche available By referral only booking required

Folkestone Early Years Children's Centre

Monday - 9:00am - 5:00pm
 Tuesday - 9:00am - 5:00pm
 Wednesday - 9:00am - 5:00pm
 Thursday - 9:00am - 5:00pm
 Friday - 9:00am - 4:30pm

Day	Name of Group	Date	Time	Information
Monday	Messy Stay and Play	Every Monday	10:00am - 11:30am	Messy fun and craft. Wear old clothes and come and join the fun
	Registered Child-minder Group	Every Monday	9:30am - 11:30am	All Child-minders are welcome
Tuesday	Family Play Time	Every Tuesday	12:00pm - 4:00pm	Families can access the Heffalumps House to Stay and Play
	Homestart Group	<i>Term Time only</i>	9:30am - 11:30am	Book direct through Homestart 01303 244866
Wednesday	Kent Parenting Programme (Creche)	Every Wednesday	9:30am-11.30am	<i>Referral Only</i>
	Family Play Time	Every Wednesday	12:00pm-4:00pm	Families can access the Heffalumps House to Stay and Play
	Sensory Play for Under 1's	Every Wednesday	1:00pm-2:30pm	Stimulating the senses with different resources. Supporting development and learning for under 1's
Thursday	Adult Education ESOL Class (Creche)	<i>Term Time only</i> 31st January-28th March	9:30am-11:30am	English as a Second Language Course Please phone to book a space
	Antenatal Clinic	Every Thursday	9:00am - 3:00pm	By appointment with your Midwife
Friday	Healthy Child Clinic with Breastfeeding Support	Every Friday	9:30am - 11:30am	Come and speak to your local Health Visitor or Breast feeding champion/Peer Supports for advice and guidance
	Baby Massage	Every Friday 25th February onwards	10:30am-11:30am	Please book a space
	AHOJ	<i>Term Time only</i>	10:00am - 11:30pm	Stay and Play group, come along and say Hello in your own language

Don't forget to like our pages on Facebook and follow us on Twitter

Keep in touch to find out about holiday and weekend events and activities, Introducing solids, Fantastic Food, Baby Massage, Makaton, Save a Baby's life, Healthy Lifestyle workshops and lots more throughout the year,

Please contact us for more information!



Parenting Support

We offer several programmes across the Shepway locality offering support, tips and advice to families.

Courses also support carers who care for a child age 0-18 years.

These include:

- The Solihull Approach Parenting Programme**
- Early Bird & Cygnet - ASD Programmes**
- KCC Parenting Programme**
- Adolescent Violence against Parents (Reconnect) Programme**

Please contact your local centre to register your interest